

Helen Windsor 10k

Finisher List Live results

Rank	Bib	Name	Club	AG	M/F	AG Rank	Race time	Time
1.	408	Tom Hodgson		M35	1.	1.	0:32:59	0:33:00
2.	277	Nigel Hockin	Slaithwaite Striders Running Club	M	2.	1.	0:33:21	0:33:22
3.	116	Tom Collinge	Queensbury Running Club	M	3.	2.	0:33:27	0:33:28
4.	142	Simon Courtney	Stadium Runners	M40	4.	1.	0:34:00	0:34:01
5.	377	Alex Frankling	Halifax Harriers & AC	M	5.	3.	0:34:04	0:34:05
6.	392	Richard Anderson	Holmfirth Harriers	M	6.	4.	0:34:15	0:34:15
7.	148	Ben Crowther	Halifax Harriers & AC	M35	7.	2.	0:35:04	0:35:05
8.	368	Matthew Warters	Wharfedale Harriers	M	8.	5.	0:35:14	0:35:15
9.	316	Chris Newton	Northowram Pumas Running Club	M45	9.	1.	0:35:34	0:35:35
10.	321	Liam Parkin	Halifax Harriers & AC	M	10.	6.	0:35:36	0:35:38
11.	22	Joe Baker	Stadium Runners	M40	11.	2.	0:36:07	0:36:08
12.	291	Martin Klavon	Northowram Pumas Running Club	M35	12.	3.	0:37:03	0:37:04
13.	396	Fred Carver	Halifax Harriers & AC	M	13.	7.	0:37:11	0:37:13
14.	403	David O'Brien	Halifax Harriers & AC	M40	14.	3.	0:37:16	0:37:17
15.	63	Darren Bradshaw	Lindley Running Club	M50	15.	1.	0:37:20	0:37:22
16.	405	Aaron Beryn	Halifax Harriers & AC	M	16.	8.	0:37:47	0:37:49
17.	172	Stephen Earle	Northowram Pumas Running Club	M45	17.	2.	0:37:55	0:37:56
18.	24	Deke Banks	Northowram Pumas Running Club	M	18.	9.	0:37:56	0:37:58
19.	337	Edward Revell	Dewsbury Road Runner	M45	19.	3.	0:37:59	0:38:00
20.	312	Philip Mitchell	Longwood Harriers AC	M40	20.	4.	0:38:06	0:38:06
21.	380	Andy Sales	Northowram Pumas Running Club	M45	21.	4.	0:38:24	0:38:26
22.	384	Will Caltermole		M	22.	10.	0:38:26	0:38:27
23.	387	Michael Cottam	Stadium Runners	M	23.	11.	0:38:29	0:38:30
24.	29	Neil Barker	Spensborough AC	M50	24.	2.	0:39:04	0:39:06
25.	57	Aaron Bower	Northowram Pumas Running Club	M	25.	12.	0:39:06	0:39:09
26.	369	Anthony Weston	Bramley Breezers	M45	26.	5.	0:39:10	0:39:11
27.	336	Mathew Reeves		M35	27.	4.	0:39:16	0:39:19
28.	391	Ian Whitehouse		M50	28.	3.	0:39:52	0:39:55
29.	322	Simon Parkinson	Longwood Harriers AC	M35	29.	5.	0:40:12	0:40:14
30.	39	Margaret Beaver	Stainland Lions Running Club	F40	1.	1.	0:40:22	0:40:23
31.	352	Steven Palmer	ACC Striders	M45	30.	6.	0:40:45	0:40:48
32.	287	Donald Kennedy	Longwood Harriers AC	M55	31.	1.	0:40:49	0:40:51
33.	343	Bryan Schalge	Brighouse Bumble Bees	M40	32.	5.	0:40:51	0:40:55
34.	191	Charlie Forsyth	Bellahouston road runners	M50	33.	4.	0:40:56	0:41:01
35.	8	Helen Ansell	Stadium Runners	F35	2.	1.	0:41:01	0:41:04
36.	379	Richard Smith	Sowerby Bridge Snails Running Club	M45	34.	7.	0:41:10	0:41:12
37.	364	Robert Unwin	Longwood Harriers AC	M60	35.	1.	0:41:16	0:41:17
38.	394	Gerard Skippins	Dewsbury Road Runner	M45	36.	8.	0:41:21	0:41:22
39.	289	Jude Kenny	Northowram Pumas Running Club	M	37.	13.	0:41:23	0:41:24
40.	353	Paul Stockdale	Northowram Pumas Running Club	M45	38.	9.	0:41:30	0:41:33
41.	223	Angela Hall	Wakefield Harriers	F45	3.	1.	0:41:34	0:41:36
42.	278	David Holder	Northowram Pumas Running Club	M45	39.	10.	0:41:40	0:41:44
43.	362	Andrew Tudor	Northowram Pumas Running Club	M45	40.	11.	0:41:45	0:41:47
44.	409	Simon Cleaver		M40	41.	6.	0:41:59	0:42:01
45.	393	Martin Wood	2nd Colne Valley Scouts RC	M40	42.	7.	0:42:08	0:42:10
46.	95	Benedict Brosnan	Keighley & Craven AC	M40	43.	8.	0:42:12	0:42:15
47.	301	Manjit Mander	Queensbury Running Club	M50	44.	5.	0:42:13	0:42:19
48.	71	Simon Brady	Queensbury Running Club	M55	45.	2.	0:42:22	0:42:24
49.	274	Lisa Hirst		F40	4.	2.	0:42:23	0:42:27
50.	271	Mark Hewitt	Northowram Pumas Running Club	M40	46.	9.	0:42:23	0:42:29
51.	128	Sebastian Cosgrove		M	47.	14.	0:42:33	0:42:40

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52.	309	Craig Mitchell	Longwood Harriers AC	M45	48.	12.	0:43:08	0:43:10
53.	376	Marc Zeller		M	49.	15.	0:43:12	0:43:14
54.	118	Allistair Cook		M35	50.	6.	0:43:29	0:43:32
55.	385	Mark Davies	Stadium Runners	M60	51.	2.	0:43:29	0:43:32
56.	84	Richard Brook	Queensbury Running Club	M45	52.	13.	0:43:32	0:43:34
57.	307	Jayde McGregor	Halifax Harriers & AC	F	5.	1.	0:43:37	0:43:39
58.	107	Paul Clarke		M45	53.	14.	0:43:48	0:43:53
59.	402	Robert Overton	Lindley Running Club	M45	54.	15.	0:43:52	0:43:57
60.	74	Jonathan Brearley	Northowram Pumas Running Club	M50	55.	6.	0:43:54	0:43:58
61.	124	Darren Coop	Lindley Running Club	M40	56.	10.	0:44:02	0:44:05
62.	185	Harris Faulkner		M	57.	16.	0:44:04	0:44:07
63.	390	Garry Boyd		M55	58.	3.	0:44:07	0:44:12
64.	389	Venety Celements	Halifax Harriers & AC	F	6.	2.	0:44:01	0:44:12
65.	14	Joanne Arundale	Halifax Harriers & AC	F40	7.	3.	0:44:13	0:44:19
66.	358	Andrew Thompson	Northowram Pumas Running Club	M	59.	17.	0:44:19	0:44:24
67.	281	Robert Houlton	Stadium Runners	M50	60.	7.	0:44:19	0:44:24
68.	315	David Nevill		M35	61.	7.	0:44:32	0:44:42
69.	381	Andrew Haslam	Northowram Pumas Running Club	M50	62.	8.	0:44:39	0:44:43
70.	279	David Hollingdrake		M60	63.	3.	0:44:42	0:44:49
71.	404	Alice Vick		F	8.	3.	0:44:45	0:44:50
72.	177	Christopher Ellis	Northowram Pumas Running Club	M50	64.	9.	0:44:59	0:45:03
73.	146	Simon Crook	Longwood Harriers AC	M50	65.	10.	0:45:06	0:45:09
74.	326	Andy Petrie	Stadium Runners	M45	66.	16.	0:45:09	0:45:12
75.	273	Jamie Hill	Queensbury Running Club	M40	67.	11.	0:45:22	0:45:27
76.	283	David Ingle	Halifax Harriers & AC	M60	68.	4.	0:45:31	0:45:34
77.	189	Colin Firth	Lindley Running Club	M45	69.	17.	0:45:34	0:45:38
78.	355	Adam Taylor	Longwood Harriers AC	M50	70.	11.	0:45:44	0:45:46
79.	366	Seton Waddington	Meltham AC	M45	71.	18.	0:45:58	0:46:01
80.	383	Martin Bayliss	Meltham AC	M65	72.	1.	0:46:05	0:46:08
81.	399	Paul Corns	Stainland Lions Running Club	M50	73.	12.	0:46:08	0:46:12
82.	272	Robert Hick	Halifax Harriers & AC	M65	74.	2.	0:46:07	0:46:13
83.	406	Jason Amos		M45	75.	19.	0:46:09	0:46:17
84.	357	Nigel Taylor	Lindley Running Club	M50	76.	13.	0:46:15	0:46:20
85.	317	Erika Nightingale	Halifax Harriers & AC	F45	9.	2.	0:46:16	0:46:23
86.	226	Rowan Harrison-Walker	Vegetarian Cycling & AC	M	77.	18.	0:46:16	0:46:27
87.	359	Michael Tinker		M50	78.	14.	0:46:23	0:46:29
88.	111	Timothy Clegg	Keighley & Craven AC	M60	79.	5.	0:46:21	0:46:32
89.	361	Lewis Tomlinson		M	80.	19.	0:46:26	0:46:37
90.	410	Claire Hanson	CVFR	F40	10.	4.	0:46:37	0:46:44
91.	332	Stuart Preston	Keighley & Craven AC	M45	81.	20.	0:46:46	0:46:49
92.	345	Tom Shaw		M	82.	20.	0:46:39	0:46:53
93.	303	Danny Marsh	Northowram Pumas Running Club	M	83.	21.	0:46:51	0:46:55
94.	386	Mark Crabtree	Halifax Harriers & AC	M60	84.	6.	0:46:55	0:46:59
95.	339	Jude Roberts	Northowram Pumas Running Club	M50	85.	15.	0:47:01	0:47:05
96.	382	Marc Rochteau	Halifax Harriers & AC	M60	86.	7.	0:46:54	0:47:07
97.	407	Cara Bintcliffe	Halifax Harriers & AC	F	11.	4.	0:47:18	0:47:20
98.	462	Stewart M'Connell		M50	87.	16.	0:47:08	0:47:23
99.	188	Gaby Ferris	Stainland Lions Running Club	F50	12.	1.	0:47:21	0:47:28
100.	373	Simon Wilkinson	Northowram Pumas Running Club	M35	88.	8.	0:47:38	0:47:43
101.	401	Suzy Overton	Lindley Running Club	F45	13.	3.	0:47:46	0:47:51
102.	282	Tabitha Howe	Halifax Harriers & AC	F	14.	5.	0:47:59	0:48:05

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103.	411	Stacey Clean	Queensbury Running Club	F55	15.	1.	0:47:59	0:48:07
104.	297	Joanna Lockwood	Queensbury Running Club	F45	16.	4.	0:48:02	0:48:12
105.	296	Sara Lewis	Meltham AC	F35	17.	2.	0:48:11	0:48:15
106.	398	Nigel Rigg	Halifax Harriers & AC	M60	89.	8.	0:48:35	0:48:48
107.	348	Paula Snee	Northowram Pumas Running Club	F50	18.	2.	0:48:41	0:48:49
108.	292	Jodie Knowles	Northowram Pumas Running Club	F40	19.	5.	0:48:56	0:49:03
109.	176	Louise Elliott	Lindley Running Club	F35	20.	3.	0:49:03	0:49:09
110.	360	Ryan Tinker	Queensbury Running Club	M	90.	22.	0:49:06	0:49:14
111.	198	Harry Goddard	Chapel-en-le-frith runners	M35	91.	9.	0:49:25	0:49:32
112.	235	Helen Hartley		F40	21.	6.	0:49:31	0:49:42
113.	305	Ellie May	Northowram Pumas Running Club	F40	22.	7.	0:49:41	0:49:48
114.	288	Gabriella Kenny	Northowram Pumas Running Club	F50	23.	3.	0:49:43	0:49:50
115.	298	Chris Lofthouse	Lindley Running Club	M40	92.	12.	0:50:15	0:50:21
116.	166	Emer Dudley	Roberttown Road Runners	F60	24.	1.	0:50:23	0:50:30
117.	140	Neil Coupe	Northowram Pumas Running Club	M50	93.	17.	0:50:24	0:50:32
118.	351	Fitz-Costa Stephen	Halifax Harriers & AC	M55	94.	4.	0:50:37	0:50:49
119.	81	Katie Brook	Queensbury Running Club	F	25.	6.	0:50:41	0:50:49
120.	293	Jonny Knowles	Northowram Pumas Running Club	M40	95.	13.	0:50:47	0:50:54
121.	341	Julian Saunders	Meltham AC	M60	96.	9.	0:50:54	0:51:01
122.	164	Emma Dooks	Keighley & Craven AC	F55	26.	2.	0:51:02	0:51:11
123.	139	John Cottam	Stadium Runners	M65	97.	3.	0:51:07	0:51:16
124.	120	Damien Cook		M60	98.	10.	0:51:31	0:51:44
125.	285	Mark Jackson	Queensbury Running Club	M55	99.	5.	0:51:51	0:51:56
126.	395	Sally Harding		F55	27.	3.	0:51:48	0:51:58
127.	267	Anna Hazelton	Meltham AC	F40	28.	8.	0:51:56	0:52:03
128.	310	Ian Mitchell	Longwood Harriers AC	M70	100.	1.	0:51:56	0:52:06
129.	179	Sandra Emmerson	Stadium Runners	F55	29.	4.	0:52:14	0:52:22
130.	299	Liz Lund	Northowram Pumas Running Club	F40	30.	9.	0:52:20	0:52:25
131.	38	Antony Bartkiw		M45	101.	21.	0:52:25	0:52:37
132.	413	Zoe Hygate	Sowerby Bridge Snails Running Club	F45	31.	5.	0:52:49	0:53:03
133.	311	Karen Mitchell	Longwood Harriers AC	F60	32.	2.	0:53:04	0:53:13
134.	306	Rachel McCauley	Halifax Harriers & AC	F35	33.	4.	0:53:05	0:53:17
135.	356	Laura Taylor	Queensbury Running Club	F40	34.	10.	0:53:29	0:53:38
136.	314	Pauline Naylor	Queensbury Running Club	F60	35.	3.	0:54:26	0:54:30
137.	276	Jeremy Hockin		M65	102.	4.	0:54:29	0:54:37
138.	400	Gail Schofield	Stainland Lions Running Club	F50	36.	4.	0:54:40	0:54:49
139.	286	Sunny Kanda		M35	103.	10.	0:55:01	0:55:09
140.	155	Rachael Didgiunaitis		F45	37.	6.	0:55:03	0:55:09
141.	350	Mel Stanger		F45	38.	7.	0:55:29	0:55:36
142.	342	Timothy Sayer	Northowram Pumas Running Club	M50	104.	18.	0:55:40	0:55:51
143.	269	Cathy Heptinstall	Northowram Pumas Running Club	F50	39.	5.	0:55:45	0:55:56
144.	388	Andrew Cross		M40	105.	14.	0:55:52	0:55:57
145.	323	Kathryne Patchett	Northowram Pumas Running Club	F45	40.	8.	0:56:05	0:56:13
146.	325	Richard Pedryc		M70	106.	2.	0:56:14	0:56:25
147.	46	Elaine Berrill	Queensbury Running Club	F45	41.	9.	0:56:29	0:56:38
148.	117	Brian Colman	Northowram Pumas Running Club	M60	107.	11.	0:56:30	0:56:41
149.	85	Stephen Brook	Queensbury Running Club	M75	108.	1.	0:56:40	0:56:49
150.	295	Rebecca Lawrence		F45	42.	10.	0:56:50	0:57:03
151.	349	Vicki Southwell	Northowram Pumas Running Club	F40	43.	11.	0:57:22	0:57:30
152.	5	Gaynor Anderson-Yates	Keighley & Craven AC	F	44.	7.	0:57:47	0:57:59
153.	284	Hil Inglis		F55	45.	5.	0:58:04	0:58:12

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154.	290	Fiona Kevan		F55	46.	6.	0:58:16	0:58:24
155.	415	Carl White	Queensbury Running Club	M35	109.	11.	0:58:25	0:58:35
156.	209	Richard Green		M65	110.	5.	0:58:44	0:59:00
157.	319	Dennis O'Keefe	Halifax Harriers & AC	M70	111.	3.	0:59:08	0:59:20
158.	346	Andrew Smith	Northowram Pumas Running Club	M55	112.	6.	0:59:15	0:59:23
159.	333	Natalie Provan	Northowram Pumas Running Club	F35	47.	5.	0:59:19	0:59:28
160.	414	Melanie Watkins	Sowerby Bridge Snails Running Club	F40	48.	12.	1:00:01	1:00:16
161.	367	Ant Walker	Vegetarian Cycling & AC	M50	113.	19.	1:00:45	1:00:57
162.	329	Georgia Plunkett	Acre Street Runners	F	49.	8.	1:00:45	1:00:59
163.	397	Kirsty Carver	Halifax Harriers & AC	F45	50.	11.	1:01:35	1:01:48
164.	47	Catherine Berry		F35	51.	6.	1:01:34	1:01:49
165.	412	Elizabeth Dokoupil	Northowram Pumas Running Club	F35	52.	7.	1:01:53	1:02:05
166.	207	Rachel Green	Sowerby Bridge Snails Running Club	F35	53.	8.	1:01:53	1:02:07
167.	65	Charlotte Brady	Sowerby Bridge Snails Running Club	F45	54.	12.	1:02:01	1:02:14
168.	335	Nicola Rathbone	Northowram Pumas Running Club	F45	55.	13.	1:02:23	1:02:31
169.	193	Paul Gandy	Meltham AC	M65	114.	6.	1:02:41	1:02:51
170.	378	Jodie Smith	Sowerby Bridge Snails Running Club	F40	56.	13.	1:02:41	1:02:54
171.	152	Rebecca Cundy	ACC Striders	F35	57.	9.	1:03:05	1:03:17
172.	330	James Plunkett	Acre Street Runners	M	115.	23.	1:04:04	1:04:20
173.	304	Amanda Matthews	Stadium Runners	F50	58.	6.	1:04:09	1:04:23
174.	270	Claire Heron	Sowerby Bridge Snails Running Club	F50	59.	7.	1:04:37	1:04:50
175.	55	Demelza Bottomley	Northowram Pumas Running Club	F45	60.	14.	1:05:16	1:05:26
176.	340	Rebecca Rowlandson		F35	61.	10.	1:05:26	1:05:41
177.	294	Alison Lamb	Meltham AC	F40	62.	14.	1:05:46	1:05:57
178.	61	Rob Bowman	Northowram Pumas Running Club	M50	116.	20.	1:06:11	1:06:23
179.	374	Emma Williams	Northowram Pumas Running Club	F	63.	9.	1:07:14	1:07:23
180.	201	Peter Goddard		M50	117.	21.	1:07:49	1:07:56
181.	204	Naomi Green	Sowerby Bridge Snails Running Club	F35	64.	11.	1:07:44	1:07:58
182.	328	Claire Plunkett	Acre Street Runners	F45	65.	15.	1:08:29	1:08:44
183.	331	Richard Plunkett	Acre Street Runners	M60	118.	12.	1:08:30	1:08:44
184.	313	Louise Nattrass	Northowram Pumas Running Club	F50	66.	8.	1:08:38	1:08:47
185.	170	Russell Dyson	Stadium Runners	M75	119.	2.	1:09:48	1:09:57
186.	169	Melanie Dyson	Sowerby Bridge Snails Running Club	F40	67.	15.	1:10:05	1:10:19
187.	105	Rachel Chislett	Northowram Pumas Running Club	F45	68.	16.	1:10:52	1:11:02
188.	324	Chantel Patrick	Northowram Pumas Running Club	F45	69.	17.	1:10:53	1:11:03
189.	268	Louise Heppleston	Sowerby Bridge Snails Running Club	F60	70.	4.	1:11:11	1:11:24
190.	320	Gemma O'Brien	Northowram Pumas Running Club	F40	71.	16.	1:11:29	1:11:40

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