|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| DATE | RACE | DETAILS | Runners | COST |
|  |  | Races in YELLOW are not in race challenge |  |  |
|  |  |  |  |  |
| March 12th Saturday 1:0pam | Dentdale Run –In memory of Jim Kirkpatrick | Dent in the Yorkshire Dales. Choice of 7.9 or 14.2 mile races. Coach to this race and we go for a pub meal after the race. Approx Travel time 2 hours | 700 | £16 / £18 |
| March 27th Sunday 9:00am | Keighley 5k | Challenging Multi-terrain |  | £15 |
|  |  |  |  |  |
| April 3rd Sunday | Manchester Marathon |  |  |  |
| April 10th Sunday 9:00am - POSTPONED | North Lincolnshire Half Marathon POSTPONED – to be re-arranged | Coach to this race and we go for a pub meal after the race. Travel time 75 mins | 1500 3000 | £ |
|  |  |  |  |  |
| May 15th Sunday 8:00am | Calderdale Way Relay |  |  | FREE |
|  |  |  |  |  |
| June 5th Sunday | Northowram 5m | When you enter race use discount code – **halifaxh** Valid to end of March |  |  |
| June 14th Tuesday 7:00pm | Vale of York 10m | FlatTravel time 50mins | ? 1200 | £20 |
| June 28th Tuesday 6:45pm | Club Summer Handicap 10k |  |  | Free |
|  |  |  |  |  |
| July 6th Wed 7:15pm | HELEN WINDSOR  | Undulating | 300 400 | £10 |
| July 31st Sunday 10:00am | Aintree Half | FlatCoach to this race and we go for a pub meal after the race. Travel time 75 mins | ?1000 | £28 |
|  |  |  |  |  |
| August 14th Sunday 10:00am | Preston 5m | FlatTravel time 70 mins | ?750 | £18 |
| August 20th Saturday | BURNSALL  | Undulating/hilly.We have a trophy for first man and lady finisher. | 100 No limit | £10 |
| August 21st Sunday | Norland Trail 6m | Hilly trail race |  | £8 |
|  |  |  |  |  |
| September 18th Sunday 9:00am | Bradford Epilepsy 10k | Mainly flat.Travel time 25 mins |  | £22 |
|  |  |  |  |  |
| October 2nd Sunday | London Marathon |  |  |  |
| October 6th to 10th | MAJORCA CLUB TRIP |  |  |  |
| October 23rd Sunday 9:30am | Leeds Abbey Dash 10k | Flattish | 270012,000 | £ |
| October 30th Sunday 9:55am | Bradford City Runs 5k | Undulating | 150500 | £12 |
|  |  |  |  |  |
| November 20th Sunday DTBC | Tadcaster 10m | Flattish/undulating Travel time 50 mins | 650 1000 | £ |
|  |  |  |  |  |
| December 4th Sunday 10:00am | Myerscough 10m | Flat. Travel time 75 mins | 260 400 | £14.50 |
| December 27th DTBC | Ribble Valley 10k | Flat/undulatingTravel time 75 mins | 1100 1800 | £19 ? |
| **2023** |  |  |  |  |
| Jan 21st Saturday 10:30am | Inskip Half Marathon | Flattish. Travel Time 75 minsEntry now open through Bookitzone.com | 91 300 | £27 |
|  |  |  |  |  |
| February 5th Sunday DTBC | Dewsbury 10k | This race fills up first day entries open, so keep checking their website. | 2000 2000 | £18 ? |

**RULES FOR 2022/23**

1. The challenge will comprise of 14 road races from 5k to ½ marathon.
2. There will be 5 divisions. When runners complete their first race, they will be allocated a division based on their present level of fitness / best 10k time from 1st January 2020 to 28th February 2022.
3. The divisions will be:-

‘A’ Sub 40:00 minutes

‘B’ 40:00 to 44:59

‘C’ 45:00 to 49:59

‘D’ 50:00 to 54.59

‘E’ 55.00 and over

1. Runners best 6 results from the series of races will count for their final score. Runners may do as many or as few races as they wish.
2. Points in each division will be 1st = 20, 2nd = 19, 3rd = 18, etc.
3. Trophies will be awarded to the 1st 3 runners in each division
4. Runners must do a minimum of 4 races to receive an award
5. **YOU MUST ENTER ALL RACES AS A MEMBER OF HALIFAX HARRIERS.**