

Groups 1 and 2 Run Schedule for August 2026

Any scheduled run may be changed by the run leaders on the night if circumstances dictate.

Tue 04-Aug Run Leaders: Andrea A, Chris K, Debbie K

Birdcage Lane., Scarbottom, and Wakefield Road to Salterhebble

GROUP 1:

3.65 miles. Left out of Spring Hall and turn right up Stafford Road. Left onto Skircoat Green Road then right onto Skircoat Moor Road. Left on Birdcage Lane, down Birdcage Hill then right onto Scar Bottom Road. Straight over onto Gainest and take ramp up to Rochdale Road and turn Right. Past Tescos, Haugh Shaw Road / Savile Road / Prescott Street and back to club.

GROUP 2:

6.5 miles. Left out of Spring Hall and turn right up Stafford Road. Left onto Skircoat Green Road then right onto Skircoat Moor Road. Left on Birdcage Lane, down Birdcage Hill then right onto Scar Bottom Road. Onto Upper Washer Lane and then Edwards Road. Turn right onto Pye Nest Road then left onto Rochdale Road. Continue on & round to left then right onto Willow Hall Lane & Dam Head Road. Left down Gratrix Lane then left onto Bolton Brow. At junction onto Wakefield Road, Huddersfield Road & Salterhebble Hill back to the club.

Thu 06-Aug Run Leaders: Jenny St-R, Stephen F-C

Warley Road reverse

GROUP 1:

4.4 miles. Right from club to cross at lights & up Free School Lane to King Cross. Down Burnley Road then turn right up Trimmingham Lane. At 1.9 (cumulative) miles and just before road becomes Brow Foot Gate Lane take a sharp right onto Trimmingham Road. T Right onto Warley road, over King Cross junction, past Tesco and back to club.

GROUP 2:

6.4 miles. Right from club to cross at lights & up Free School Lane to King Cross. Down Burnley Road then turn right up Blackwall Lane (1st right after Tuel Lane). Right onto Water Hill Lane then Cliffe Hill Lane. Right onto Stock Lane, along Gibbet Street & down Warley Road. Down Skircoat Moor Road, left on Saville Park Road, then Manor Heath Road, Skircoat Green Road, Heath Royd & back to club.

Tue 11-Aug Run Leaders: Andrea A, Clare F

Viaduct, West Vale

GROUP 1:

4.2 miles. Left on Huddersfield Road, down Salterhebble. On canal then onto Stainland Road. Turn Right into Clay House Park opposite North Dean garage and onto Clay House Lane. Sharp Left at bottom onto Rochdale Road. Left onto Stainland Road and back to club.

GROUP 2:

6.5 miles. Left on Huddersfield Road, down Salterhebble. On canal then onto Stainland Road to West Vale lights. Cross & go right to join footpath through woods, over viaduct then footpath to Green Lane. Along Long Heys then round to the right to join footpath & continue to The Rock pub. Double back on yourself and go through the Industrial Estate to Stainland Road and back to Springhall.

Thu 13-Aug Run Leaders: Alan B, Suf G

Warley Road reverse on trail opposite carpet shop

GROUP 1:

3.6 miles. Right from club to cross at lights & up Free School Lane to King Cross. Down Rochdale Road then turn Left onto Pye Nest Road. Left onto Edwards Road / Upper Washer Lane. Turn Right onto Skircoat Moor Road / Dryclough Lane. Left onto Huddersfield Road and back to club.

GROUP 2:

6.4 miles. Right from club to cross at lights & up Free School Lane to King Cross. Down Burnley Road then turn right up the trail just after Windle Royd Lane. At the top turn right on Stock Lane, along Gibbet Street & down Warley Road. Down Skircoat Moor Road, Albert Prom, Birdcage Lane, across on Saville Park Road, then Manor Heath Road, Skircoat Green Road, & back to club.

Tue 18-Aug Run Leaders: Alan B, Suf G

B&Q, Shroggs Road, Old Lane

GROUP 1:

4.9 miles. Right from club on Skircoat Road past the baths and onto Commercial Street to the Broad Street junction and towards North Bridge. On Lee Bridge past Dean Clough & up the hill to B&Q. Along Shroggs Road and sharp Right onto Wheatley Road. Left onto Ovenden Ave, T Right onto Ovenden Way, T Right onto Ovenden Rd. Fork Right onto Lee Bridge, to Northgate. Left onto Winding Rd, Past B&M and back to club.

GROUP 2:

5.9 miles. Right from club on Skircoat Road past the baths and onto Commercial Street to the Broad Street junction and towards North Bridge. On Lee Bridge past Dean Clough & up the hill to B&Q. Along Shroggs Road and Wheatley Road. Take right fork up Ramsden Street then right at the top onto Denfield Lane. At the mini roundabout right down Nursery Lane to main road. Cross over & along main road towards town, then left onto Old Lane to town. Back to club via Winding Road.

Thu 20-Aug Run Leaders: Stephen F-C, Suf G

Canal, Copley, Wakefield Road

GROUP 1:

3.7 miles. At Salterhebble join the canal and on to Copley Lane. Over Dudwell Lane, T Left onto Skircoat Green Road. Bear Right to keep on Skircoat Green Road. Left onto Skircoat Moor Road. Right onto Savile Park Road, Right onto Free School Lane and back to club.

GROUP 2:

5.45 miles. Right out of Spring Hall to Shaw Lane (opposite the Shay) down to the Hebble Trail. At Salterhebble join the canal and on to Copley. Leave canal at Hollas Lane (Copley Data Centre) then back via Wakefield Road & Salterhebble Hill.

Tue 25-Aug Run Leaders: Andrea A, Suf G

Boothtown, Howcans Lane, Shay Lane, Old Lane

GROUP 1:

3.9 miles. Right from Harriers past Shay to North Bridge. Left onto Rawson Street North. At St David's Ct go down alleyway steps. Turn Left onto Old Lane, up to North Bridge Street and back through town.

GROUP 2:

5.7 miles. Right from Harriers past Shay to North Bridge. Up through Boothtown on right hand side, cross road at bus stop above Mobility. Down Howcans Lane then left down Milk Churn Lane to Shay Lane. Left at main road onto Ovenden Road then left fork onto Old Lane back to Dean Clough then back through town.

Thu 27-Aug Run Leaders: Alan B, Suf G

Training Session

BOTH GROUPS:

Either a Running Form session

Or a Pace training session

OR a Hill Training Session

What delights have we in store for you?