

Pos	Name	RaceNo	GenCat	Time	NetTime	CategPos	GenderPos	Club
1	Chris Thompson	8	M2039	00:28:02	00:28:01	1	1	Aldershot Farnham & District
2	Sean Connelly	5	M2039	00:29:38	00:29:38	2	2	Ireland
3	Ben FISH	3	M2039	00:29:51	00:29:50	3	3	Blackburn Harriers
4	Ian FISHER	17	M2039	00:30:12	00:30:12	4	4	Altrincham & District AC
5	Matt Clowse	11	M1519	00:30:18	00:30:17	1	5	Staffs Moorlands
6	Andy WARD	793	M4044	00:30:22	00:30:21	1	6	Clowne Road Runners
7	David Proctor	9	M2039	00:30:34	00:30:34	5	7	Rochdale
8	Ian GRIME	28	M2039	00:30:58	00:30:57	6	8	Newham & Essex Beagles
9	Ian Mitchell	15	M2039	00:30:59	00:30:57	7	9	Tipton Harriers
10	Matthew Proctor	730	M2039	00:31:02	00:31:00	8	10	Rochdale
11	Anthony VALENTINE	31	M2039	00:31:13	00:31:12	9	11	Bolton United Harriers
12	Tim EGERTON	375	M2039	00:31:16	00:31:14	10	12	Trafford AC
13	Paul WHITELAM	742	M2039	00:31:26	00:31:26	11	13	Thames Valley Harriers
14	Damian NICHOLLS	25	M2039	00:31:41	00:31:40	12	14	Wilmslow
15	Rob KEAL	798	M2039	00:31:45	00:31:44	13	15	Notts AC
16	Gary PRIESTLEY	16	M2039	00:31:46	00:31:44	14	16	Horwich RMI Harriers
17	Danny Hope	403	M2039	00:31:49	00:31:49	15	17	pudsey & bramley
18	Simon BRUTON	713	M2039	00:31:49	00:31:47	16	18	Salford Harriers
19	Jason DUNKERLEY	42	M2039	00:31:54	00:31:53	17	19	East Cheshire Harriers
20	Roger ALSOP	776	M4549	00:32:19	00:32:17	1	20	Herne Hill Harriers
21	Matt NUTTALL	27	M4044	00:32:40	00:32:38	2	21	Blackburn Harriers
22	James Horman	183	M2039	00:32:46	00:32:45	18	22	Liverpool Harriers
23	Gavin TOMLINSON	751	M2039	00:32:58	00:32:58	19	23	Vale Royal
24	Andy BUTTERY	255	M2039	00:33:04	00:33:02	20	24	Rossendale Harriers
25	Gavin Hill	767	M2039	00:33:24	00:33:23	21	25	Unattached
26	Dean Matkin	18	M2039	00:33:26	00:33:24	22	26	Stockport Harrier & A.C.
27	Matt SHAW	411	M2039	00:33:30	00:33:29	23	27	Salford Harriers
28	Paul GUINAN	321	M4044	00:33:48	00:33:48	3	28	Blackburn Harriers
29	James Williams	214	M2039	00:33:49	00:33:47	24	29	Salford Harriers
30	Steven Bayton	91	M1519	00:33:57	00:33:55	2	30	University of Sheffield
31	Adrian Timmins	322	M4044	00:33:57	00:33:55	4	31	Warrington A.c
32	Simon GRUNDY	709	M4044	00:34:02	00:34:00	5	32	East Cheshire Harriers
33	Alan ASHTON	666	M2039	00:34:07	00:34:05	25	33	Liverpool Harriers
34	Tim CARTER	97	M2039	00:34:08	00:34:06	26	34	University of Sheffield
35	Gareth TURNER	286	M2039	00:34:15	00:34:15	27	35	Unattached
36	Chris ADAMS	557	M2039	00:34:24	00:34:24	28	36	Killamarsh Kestrels
37	Gavin BROWNE	744	M2039	00:34:27	00:34:24	29	37	East Cheshire Harriers
38	Marco Gvero	457	M4044	00:34:28	00:34:26	6	38	Keighley & Craven AC
39	Julian Rose	661	M4549	00:34:29	00:34:27	2	39	Holmfirth Harriers
40	Stuart PARROTT	339	M4549	00:34:32	00:34:29	3	40	Wilmslow Running Club
41	Mike KILMARTIN	750	M2039	00:34:32	00:34:30	30	41	Sale Harriers Manchester
42	Dewi Roberts	40	M4044	00:34:36	00:34:33	7	42	Abergele Harriers
43	Mike SHAW	354	M4549	00:34:48	00:34:45	4	43	Stockport Harriers
44	Matthew MERSON	640	M2039	00:34:51	00:34:48	31	44	East Cheshire Harriers
45	Rob SLOANE	622	M2039	00:35:05	00:34:59	32	45	Unattached
46	John CHAPLIN	295	M5054	00:35:07	00:35:04	1	46	Blackburn Harriers
47	Mr LOWSON	386	M2039	00:35:07	00:35:05	33	47	York Knavesmire Harriers
48	Gareth Roberts	6	M4044	00:35:25	00:35:23	8	48	Abergele Harriers
49	Daniel Clarke	107	M2039	00:35:28	00:35:28	34	49	Liverpool Harriers
50	Warren TRACE	607	M2039	00:35:31	00:35:26	35	50	Unattached
51	Alvin COONEY	766	M2039	00:35:49	00:35:49	36	51	Unattached
52	Ben BEATTIE	136	M2039	00:35:53	00:35:50	37	52	Steel City Striders
53	Ian JACKSON	296	M4044	00:36:07	00:36:04	9	53	Salford Harriers
54	Paul Rockliffe	643	M2039	00:36:09	00:36:07	38	54	Trafford AC

55	Conor MCENTEE	526	M2039	00:36:15	00:36:13	39	55	Unattached
56	Craig WHEELER	33	M2039	00:36:19	00:36:18	40	56	Trafford AC
57	Kevin BRYDON	308	M2039	00:36:26	00:36:20	41	57	Trafford AC
58	Mick HILL	315	M2039	00:36:27	00:36:24	42	58	Tipton Harriers
59	Chris BARNES	701	M2039	00:36:42	00:36:40	43	59	Unattached
60	Sean Molloy	603	M4044	00:36:49	00:36:44	10	60	Rossendale Harriers
61	Marcus GREGORY	772	M4044	00:36:49	00:36:45	11	61	East Cheshire Harriers
62	Richard MACEY	759	M2039	00:36:53	00:36:48	44	62	Unattached
63	Rick LLOYD	560	M4044	00:36:55	00:36:51	12	63	Unattached
64	Alex DUTHIE	549	M2039	00:37:00	00:36:57	45	64	Belper Harriers
65	Gemma CONNOLLY	188	F2034	00:37:07	00:37:04	1	1	St Helens Sutton
66	Ryan GANOSE	731	M1519	00:37:17	00:37:10	3	65	Altrincham & District AC
67	Sam RODEN	56	M4044	00:37:33	00:37:29	13	66	Manchester Triathlon Club
68	Oliver Park	363	M2039	00:37:43	00:37:39	46	67	Warrington A.c
69	Dave BARR	399	M2039	00:37:44	00:37:40	47	68	Liverpool Harriers
70	Matthew TANG	748	M2039	00:37:47	00:37:41	48	69	Unattached
71	Stephen Robinson	796	M4549	00:37:47	00:37:43	5	70	East Cheshire Harriers
72	James MOLES	671	M2039	00:37:49	00:37:41	49	71	Unattached
73	Roy WOODLAND	330	M5054	00:37:51	00:37:48	2	72	Unattached
74	Emmet Mcateer	775	M2039	00:38:01	00:37:56	50	73	Trafford AC
75	Daniel Dondall	341	M2039	00:38:03	00:37:52	51	74	Unattached
76	Leanne SHEEHY	558	F1519	00:38:03	00:38:00	1	2	Leigh Harriers
77	David WOOLLEY	152	M2039	00:38:05	00:38:05	52	75	Unattached
78	Simon MARRIOT	398	M2039	00:38:16	00:38:12	53	76	Liverpool Harriers
79	Mathew TOWNLEY	684	M2039	00:38:19	00:38:15	54	77	Stockport Harriers
80	Liam BROWNE	743	M2039	00:38:23	00:38:20	55	78	East Cheshire Harriers
81	Aida Geragusian	636	F2034	00:38:26	00:38:21	2	3	Trafford AC
82	Georges ROUILLON	290	M1519	00:38:32	00:38:28	4	79	Spectrum Striders
83	Daniel BAMBER	279	M2039	00:38:36	00:38:36	56	80	East Cheshire Harriers
84	Simon Hocking	93	M2039	00:38:45	00:38:42	57	81	Unattached
85	Sean CORDELL	52	M4044	00:38:46	00:38:46	14	82	Salford Harriers
86	Andrew Farley	771	M5054	00:38:56	00:38:50	3	83	East Cheshire Harriers
87	Richard WILSON	328	M4044	00:39:02	00:38:53	15	84	Unattached
88	Mary-anne TRACEY-AGUERA	204	F2034	00:39:04	00:38:55	3	4	Astley & Tyldesley Road Runners
89	Brian ROTHWELL	244	M2039	00:39:06	00:38:27	58	85	Unattached
90	Mark Anstey	41	M2039	00:39:13	00:39:11	59	86	Mersey Tri
91	Mervyn WARD	121	M5559	00:39:21	00:39:17	1	87	Warrington AC
92	Kerrie Wood Doyle	396	F4044	00:39:28	00:39:24	1	5	Unattached
93	Beckie Taylor	326	F1519	00:39:38	00:39:35	2	6	Blackburn Harriers
94	James HART	732	M2039	00:39:44	00:39:40	60	88	Salford Mets
95	Roberto RASO	82	M4549	00:39:52	00:39:38	6	89	Manchester Fronrunners
96	Stasia BLIGH	351	F2034	00:40:09	00:40:05	4	7	Blackpool Wyre & Fylde
97	Ben HIBBERT	419	M2039	00:40:10	00:39:56	61	90	Unattached
98	Ian ROBERTS	246	M2039	00:40:13	00:40:04	62	91	Manchester Fronrunners
99	Michael BERKS	355	M2039	00:40:21	00:40:14	63	92	Altrincham & District AC
100	Kevin COUGHLAN	383	M2039	00:40:24	00:40:18	64	93	Unattached
101	Daniel WILLIAMS	151	M2039	00:40:31	00:40:24	65	94	Unattached
102	Richard PAVEY	193	M4044	00:40:45	00:40:45	16	95	Altrincham & District AC
103	Neil MCGRAW	75	M2039	00:40:46	00:40:00	66	96	Glossopdale Harriers
104	Stephen CRESSWELL	189	M4044	00:40:49	00:40:42	17	97	Unattached
105	Jim SAVAGE	477	M2039	00:40:55	00:40:37	67	98	Liverpool Running Club
106	Tim FLETCHER	600	M2039	00:40:55	00:40:49	68	99	Penny Lane Striders
107	Amarit Uppal	184	M2039	00:41:08	00:40:55	69	100	Unattached
108	Elizabeth AUSTEN	282	F2034	00:41:11	00:41:07	5	8	Trafford AC
109	Graham Haworth	110	M2039	00:41:18	00:41:14	70	101	Unattached
110	Thomas FLETCHER	394	M2039	00:41:19	00:41:13	71	102	Unattached

111	Mark CHADWICK	62	M2039	00:41:20	00:41:20	72	103	Unattached
112	Lucy SMITH	381	F1519	00:41:23	00:41:18	3	9	Altrincham & District AC
113	Nick ISHERWOOD	79	M2039	00:41:26	00:41:14	73	104	Unattached
114	Daniel RIGBY	219	M2039	00:41:30	00:41:21	74	105	Unattached
115	David Pinnington	563	M4549	00:41:32	00:41:26	7	106	Penny Lane Striders
116	Ken BURGESS	305	M6569	00:41:33	00:41:28	1	107	Altrincham & District AC
117	Antony GOLDING	676	M2039	00:41:39	00:41:33	75	108	Unattached
118	Greg HOUGHTON	688	M4044	00:41:42	00:41:34	18	109	Hyde Village Striders
119	Alison CAMPBELL	95	F1519	00:41:48	00:41:38	4	10	University of Sheffield
120	Richard TAYLOR	327	M4044	00:41:49	00:41:44	19	110	Blackburn Harriers
121	Kevin Day	702	M4549	00:41:54	00:41:39	8	111	Goyt Valley Striders
122	Cara KAVANAGH	757	F2034	00:41:57	00:41:53	6	11	Sale Harriers Manchester
123	Ben O'BRIEN	758	M2039	00:41:58	00:41:54	76	112	Unattached
124	Phil ORTON	619	M2039	00:41:59	00:41:49	77	113	Unattached
125	Kevin Handley	601	M2039	00:42:06	00:41:51	78	114	Unattached
126	Dez MITCHELL	101	M4044	00:42:20	00:42:13	20	115	Sweatshop
127	Neil HARRISON	348	M4549	00:42:26	00:42:18	9	116	Manchester Triathlon Club
128	William EDWARDS	192	M2039	00:42:28	00:42:23	79	117	Unattached
129	Michael DUNNE	728	M6064	00:42:29	00:42:24	1	118	Sale Harriers Manchester
130	Anthony Dickens	173	M5054	00:42:30	00:42:25	4	119	Unattached
131	John Battersby	733	M5054	00:42:37	00:42:32	5	120	Sale Harriers
132	Michael SLATER	127	M4549	00:42:43	00:42:34	10	121	Stockport Harriers
133	Neil CANHAM	712	M6064	00:42:45	00:42:37	2	122	Trafford AC
134	Pat O'hagan	182	M4549	00:42:46	00:42:35	11	123	Unattached
135	Mark CLIFF	117	M2039	00:42:57	00:42:49	80	124	Stockport Harriers
136	Anne PUGH	754	F5559	00:43:01	00:43:01	1	12	Altrincham & District AC
137	Stephen BLACKSHAW	116	M5559	00:43:04	00:42:59	2	125	Cheshire Tally-Ho
138	Bev Gannoos	24	F4549	00:43:13	00:43:07	1	13	Altrincham
139	Alastair ROUGH	410	M2039	00:43:17	00:43:12	81	126	Dragon Running Club Sale
140	Phil Cooke	181	M4044	00:43:25	00:43:19	21	127	Unattached
141	Steve FOSTER	373	M4549	00:43:27	00:43:18	12	128	Astley & Tyldesley Road Runners
142	Colin GILL	266	M2039	00:43:33	00:43:33	82	129	Unattached
143	Dave TURNBULL	646	M4044	00:43:35	00:43:23	22	130	Unattached
144	Steven GAVIN	100	M2039	00:43:40	00:43:21	83	131	Sale Harriers Manchester
145	Rebecca Avanesiam	478	F3539	00:43:42	00:43:30	1	14	Manchester YMCA Harriers
146	Andrew BEAN	251	M2039	00:43:46	00:43:27	84	132	Sale Harriers Manchester
147	Clive HOPE	232	M5559	00:43:49	00:43:33	3	133	Unattached
148	Maura WELCH	46	F4044	00:43:55	00:43:41	2	15	Unattached
149	Nick HAYTER	536	M2039	00:44:03	00:43:53	85	134	Unattached
150	Des MILES	280	M4549	00:44:10	00:44:01	13	135	Unattached
151	Alexis KARFOPOULOS	187	M2039	00:44:12	00:44:12	86	136	Unattached
152	Vicky SMITH	44	F2034	00:44:13	00:44:09	7	16	Unattached
153	James COLVIN	237	M2039	00:44:13	00:44:08	87	137	Unattached
154	Simon HILL	578	M2039	00:44:16	00:44:06	88	138	Unattached
155	Ellie SMITH	88	F2034	00:44:19	00:44:10	8	17	University of Sheffield
156	Gareth MATTHEWS	148	M2039	00:44:21	00:44:21	89	139	Unattached
157	Orys SENIUK	319	M5054	00:44:21	00:44:10	6	140	Unattached
158	Kevin MCCONNELL	393	M2039	00:44:21	00:44:13	90	141	Unattached
159	Pete UNDERWOOD	323	M2039	00:44:24	00:44:16	91	142	Unattached
160	Dean ASHTON	378	M2039	00:44:24	00:44:24	92	143	Bolton Metro Tri Club
161	Ray TOWNHILL	142	M4044	00:44:27	00:44:17	23	144	Unattached
162	Karl Russell	385	M2039	00:44:29	00:44:21	93	145	Unattached
163	Richard COLLITT	325	M2039	00:44:30	00:44:30	94	146	Unattached
164	Frank IVES	755	M4549	00:44:32	00:44:25	14	147	Trafford AC
165	Tom CARTER	225	M2039	00:44:34	00:44:16	95	148	Unattached
166	Paul MCERLEAN	717	M2039	00:44:36	00:44:28	96	149	Unattached

167	James FAIRFIELD	103	M4044	00:44:37	00:44:37	24	150	East Cheshire Harriers
168	David Hanson	465	M4044	00:44:37	00:44:24	25	151	Unattached
169	Gemma STOKES	287	F2034	00:44:38	00:44:26	9	18	Unattached
170	Bobby LOUGHMAN	144	M2039	00:44:40	00:44:08	97	152	Unattached
171	Matt SLATER	672	M2039	00:44:41	00:44:29	98	153	Unattached
172	Ed JACKSON	283	M4044	00:44:44	00:44:33	26	154	Unattached
173	Richard STEWART	642	M5054	00:44:44	00:44:27	7	155	Whitchurch Whippets
174	Richard COCKSEEDGE	220	M2039	00:44:46	00:44:32	99	156	Unattached
175	Shelley TATTERSALL	358	F2034	00:44:46	00:44:40	10	19	Rossendale Harriers
176	John MORAN	623	M4549	00:44:50	00:44:42	15	157	Unattached
177	Patrick Babb	670	M2039	00:44:50	00:44:39	100	158	Unattached
178	Geoffrey BEATTIE	135	M5559	00:44:51	00:44:45	4	159	Sale Harriers Manchester
179	Julie FAIRCLOUGH	234	F4549	00:44:59	00:44:50	2	20	Stockport Harriers
180	Robert PEET	423	M5054	00:44:59	00:44:48	8	160	Unattached
181	Abi COCKSEEDGE	221	F2034	00:45:05	00:44:51	11	21	Unattached
182	Toby PERCIVAL	342	M2039	00:45:05	00:44:58	101	161	Altrincham & District AC
183	Duncan SHUTTLEWORTH	421	M5054	00:45:06	00:44:49	9	162	Unattached
184	Mark HOLT	372	M2039	00:45:08	00:44:59	102	163	Unattached
185	Lucy Foster	724	F2034	00:45:11	00:45:07	12	22	Unattached
186	Mark ATHERTON	596	M4044	00:45:14	00:44:47	27	164	Unattached
187	Steve BEARDMORE	169	M4549	00:45:20	00:45:10	16	165	Unattached
188	Daniel Mcgrath	215	M2039	00:45:26	00:45:13	103	166	Unattached
189	Jill BUTTERWORTH	140	F3539	00:45:30	00:45:30	2	23	Unattached
190	Eddie SCOULLER	448	M4549	00:45:31	00:45:18	17	167	Unattached
191	Graham HOWELL	400	M6064	00:45:36	00:45:32	3	168	Liverpool Harriers
192	Angela OLDHAM	105	F5559	00:45:44	00:45:37	2	24	Unattached
193	Richard JOHNSON	66	M5054	00:45:49	00:45:40	10	169	Unattached
194	Rick ANDERSON	656	M2039	00:45:52	00:45:41	104	170	Unattached
195	Amie WILSON	679	F1519	00:45:54	00:45:34	5	25	Unattached
196	Andrew MALONE	78	M2039	00:46:00	00:45:54	105	171	Winston Runners
197	Helen TODD	207	F5559	00:46:05	00:45:56	3	26	Stockport Harriers
198	Steve DAVIS	30	M4549	00:46:06	00:45:44	18	172	Unattached
199	Caroline BRODERICK	765	F2034	00:46:12	00:46:08	13	27	Unattached
200	Mike BIRTWISTLE	51	M2039	00:46:16	00:46:04	106	173	Unattached
201	Glen STAUNTON	459	M2039	00:46:16	00:46:05	107	174	Manchester Triathlon Club
202	Maureen WILKINS	236	F4549	00:46:17	00:46:08	3	28	Stockport Harriers
203	Nathan CORNISH	534	M2039	00:46:18	00:46:12	108	175	Unattached
204	Carol BEATTIE	134	F5559	00:46:19	00:46:13	4	29	Steel City Striders
205	Barry STEVENS	635	M4044	00:46:20	00:46:07	28	176	Unattached
206	Brian ARMSTRONG	209	M4044	00:46:22	00:46:08	29	177	Unattached
207	Mark FINCH	664	M4549	00:46:24	00:46:12	19	178	Penny Lane Striders
208	Ian Pickles	226	F3539	00:46:28	00:46:11	3	30	Unattached
209	Jodie COLE	96	F2034	00:46:29	00:46:19	14	31	University of Sheffield
210	Sarah LEWIS	571	F3539	00:46:32	00:46:22	4	32	Unattached
211	John SMALL	249	M5054	00:46:36	00:46:26	11	179	Unattached
212	Alan TURNER	407	M4549	00:46:40	00:46:25	20	180	Unattached
213	Paul MASON	317	M2039	00:46:47	00:46:40	109	181	Astley & Tyldesley Road Runners
214	Christopher MCDERMOTT	7	M2039	00:46:59	00:46:45	110	182	Unattached
215	Kevin Lightfoot	164	M2039	00:47:00	00:46:39	111	183	Unattached
216	Aidan INGHAM	39	M2039	00:47:02	00:46:39	112	184	Unattached
217	Emma DAVIS	302	F2034	00:47:03	00:46:45	15	33	Bangor University
218	Graham HIND	461	M4044	00:47:03	00:46:50	30	185	Unattached
219	Linda RIX	81	F4549	00:47:06	00:46:52	4	34	Manchester Frontrunners
220	William Keeling	19	M4044	00:47:14	00:47:06	31	186	harlow RC
221	Daniel MURPHY	446	M2039	00:47:14	00:47:05	113	187	Manchester Frontrunners
222	Adrian MARTER	72	M2039	00:47:18	00:47:03	114	188	Unattached

223	Charles LOWTHIAN	374	M5054	00:47:21	00:47:01	12	189	Styal Running Club
224	Steve KNIGHT	605	M2039	00:47:23	00:47:01	115	190	Unattached
225	Ian PRITCHARD	567	M4549	00:47:27	00:47:03	21	191	Unattached
226	Billy HUGHES	633	M2039	00:47:27	00:47:13	116	192	Unattached
227	Gillian DOOLAN	665	F4044	00:47:28	00:47:18	3	35	Stockport Harriers
228	Gerry ROGERS	352	M5559	00:47:37	00:47:11	5	193	Styal Running Club
229	Paul OWEN	791	M2039	00:47:37	00:47:15	117	194	Unattached
230	Simon GAMAGE	338	M5054	00:47:39	00:47:11	13	195	Unattached
231	Daniel FANNON	263	M1519	00:47:41	00:47:12	5	196	Unattached
232	Alan LEONARD	408	M2039	00:47:42	00:47:29	118	197	Unattached
233	John ECKERSLEY	453	M4044	00:47:42	00:47:31	32	198	Unattached
234	Vincent NILES	205	M4044	00:47:43	00:47:32	33	199	Unattached
235	Glenn ROBERTS	278	M4044	00:47:43	00:47:30	34	200	Unattached
236	Matthew AZAKLI	162	M4044	00:47:45	00:47:18	35	201	Unattached
237	Belinda HAMMOND	292	F2034	00:47:50	00:47:30	16	36	Sale Harriers Manchester
238	Kerry UNDERWOOD	306	F3539	00:47:50	00:47:37	5	37	Unattached
239	Jackie OFFER	474	F2034	00:47:54	00:47:43	17	38	Unattached
240	Janet GRINT	233	F2034	00:47:55	00:47:45	18	39	East Cheshire Harriers
241	Lindsay DARBYSHIRE	787	F3539	00:47:55	00:47:35	6	40	Styal Running Club
242	Nasser Isman-Egal	677	M2039	00:48:01	00:47:54	119	202	Bolton HARRIERS
243	Matthew BOWMAN	447	M2039	00:48:04	00:47:48	120	203	Unattached
244	Julia BUXTON	489	F4044	00:48:06	00:48:01	4	41	Unattached
245	Richard RANDS	788	M2039	00:48:10	00:47:59	121	204	Unattached
246	Philip SUMMERS	708	M4549	00:48:12	00:47:58	22	205	Swinton Running Club
247	Darren BENSON	789	M2039	00:48:19	00:47:58	122	206	Unattached
248	Leanne alexandra DAVIES	349	F3539	00:48:25	00:48:18	7	42	Bolton Metro Tri Club
249	James GOWIN	693	M2039	00:48:31	00:48:16	123	207	Unattached
250	William Cook	137	M5559	00:48:34	00:48:22	6	208	Unattached
251	Sally LAMERTON	371	F2034	00:48:35	00:48:19	19	43	Unattached
252	Chris WALKER	196	M4549	00:48:38	00:48:14	23	209	Unattached
253	Louise HARRIS	85	F2034	00:48:41	00:48:19	20	44	Unattached
254	James KEMP	297	M2039	00:48:45	00:48:29	124	210	Unattached
255	Ian Wood	575	M4549	00:48:54	00:48:39	24	211	Unattached
256	James JACKSON	273	M2039	00:49:05	00:48:44	125	212	Unattached
257	Lee Skinnian	366	M4044	00:49:07	00:48:50	36	213	Unattached
258	Gareth LUCY	84	M2039	00:49:12	00:48:49	126	214	Unattached
259	Brendan RABBITT	218	M2039	00:49:14	00:49:04	127	215	Unattached
260	Nicola BAIRD	115	F3539	00:49:15	00:49:05	8	45	Unattached
261	John O'DONNELL	163	M4044	00:49:16	00:49:16	37	216	Winston Runners
262	Andy FOX	231	M5054	00:49:16	00:49:08	14	217	Unattached
263	Johnathon Timmins	359	M2039	00:49:17	00:49:03	128	218	Unattached
264	Marie WALSH	516	F2034	00:49:18	00:49:10	21	46	Unattached
265	Steve FAIRCLOUGH	235	M4044	00:49:29	00:49:19	38	219	Stockport Harriers
266	Jamie Barry	90	M4044	00:49:30	00:49:10	39	220	Unattached
267	Carl WEST	424	M2039	00:49:31	00:49:16	129	221	Unattached
268	Paul Jones	738	M2039	00:49:34	00:49:23	130	222	Unattached
269	Billy CROMPTON	659	M4044	00:49:39	00:49:25	40	223	Altrincham & District AC
270	Mark BRETT	520	M4044	00:49:53	00:49:29	41	224	Unattached
271	Hugh Mclay	57	M5054	00:49:56	00:49:42	15	225	Unattached
272	Emma MACQUEEN	450	F4044	00:49:58	00:49:35	5	47	Unattached
273	Julie RYAN	655	F4044	00:49:58	00:49:43	6	48	Unattached
274	Tony MCCOURT	486	M6064	00:50:03	00:49:39	4	226	Unattached
275	Cathy STRATTON	270	F2034	00:50:04	00:49:46	22	49	Unattached
276	Ali IREDALE	404	F2034	00:50:10	00:50:00	23	50	Unattached
277	Miras ESKANDER	529	M2039	00:50:11	00:50:02	131	227	Unattached
278	Jerry Storey	35	M5054	00:50:17	00:50:00	16	228	Unattached

279	David SHARPLES	70	M4044	00:50:17	00:50:02	42	229	Unattached
280	Nick CAREY	318	M5054	00:50:17	00:50:06	17	230	Unattached
281	Wayne PENTER	217	M4549	00:50:20	00:50:03	25	231	Unattached
282	Thomas LAWRENCE	598	M4549	00:50:20	00:50:01	26	232	Unattached
283	Kevin SHAWCROSS	32	M5054	00:50:22	00:49:58	18	233	Unattached
284	Derek WALTON	106	M6569	00:50:22	00:50:22	2	234	Altrincham & District AC
285	Philippe ROUILLON	284	M5054	00:50:23	00:50:11	19	235	Spectrum Striders
286	Elaine HELME	104	F4044	00:50:26	00:50:06	7	51	Hyde Village Striders
287	Naomi ATKIN	533	F2034	00:50:26	00:50:16	24	52	Unattached
288	Michael ADDISON	314	M2039	00:50:32	00:50:14	132	236	Unattached
289	Joel BROWN	484	M2039	00:50:46	00:50:39	133	237	Unattached
290	Kathleen STEER	108	F5054	00:50:51	00:50:30	1	53	Unattached
291	Lyndsay Smith	94	F2034	00:50:58	00:50:54	25	54	Unattached
292	Roy WHITTLE	624	M2039	00:50:58	00:50:47	134	238	Unattached
293	Matthew GRANT	524	M2039	00:51:04	00:50:47	135	239	Unattached
294	Andy Chapman	320	M2039	00:51:05	00:50:47	136	240	Unattached
295	Sam SHAW	531	F3539	00:51:08	00:50:55	9	55	Unattached
296	Natalie ATKINSON	113	F2034	00:51:10	00:50:53	26	56	Unattached
297	Helen ROSS	293	F2034	00:51:11	00:50:51	27	57	Unattached
298	Alan BARTON	324	M2039	00:51:12	00:50:51	137	241	Unattached
299	Lisa HUNSLEY	504	F2034	00:51:21	00:50:57	28	58	Unattached
300	Richard ELLIOTT	67	M5054	00:51:23	00:51:04	20	242	Unattached
301	Wendy TERRY	141	F3539	00:51:25	00:51:00	10	59	Unattached
302	Jon WHITE	586	M2039	00:51:41	00:51:24	138	243	Unattached
303	Victoria MALONE	691	F2034	00:51:44	00:51:22	29	60	Winston Runners
304	Ste HUGHES	585	M4044	00:51:55	00:51:26	43	244	Unattached
305	Peter KAVANAGH	304	M2039	00:51:56	00:51:33	139	245	Unattached
306	Hadrian COLLIER	464	M4044	00:51:57	00:51:41	44	246	Unattached
307	Paul WARDLE	179	M2039	00:52:07	00:51:46	140	247	Unattached
308	Michael HALLARD	512	M2039	00:52:08	00:51:43	141	248	Unattached
309	Angela BENNETT	414	F4549	00:52:11	00:51:52	5	61	Unattached
310	Natasha DAWSON	89	F1519	00:52:12	00:51:51	6	62	University of Sheffield
311	Susan MONCASTER	63	F4044	00:52:18	00:52:01	8	63	Unattached
312	Jamie GIBSON	147	M2039	00:52:18	00:52:06	142	249	Unattached
313	Andrew HUTCHINSON	146	M2039	00:52:19	00:51:39	143	250	Unattached
314	Kevin BELL	797	M5559	00:52:22	00:51:41	7	251	Helsby Running Club
315	Dermot MOLLOY	391	M4044	00:52:23	00:52:01	45	252	Unattached
316	Mark KELLY	210	M4044	00:52:26	00:52:01	46	253	Unattached
317	Lisa NUTTALL	312	F4044	00:52:31	00:52:20	9	64	Unattached
318	Ian TURNBULL	790	M4549	00:52:33	00:52:11	27	254	Unattached
319	Suzanne PARKINSON	208	F2034	00:52:37	00:52:22	30	65	Unattached
320	Mike MITCHELL	647	M4044	00:52:43	00:52:31	47	255	Unattached
321	James HERRON	102	M6064	00:52:50	00:52:27	5	256	Stockport Harriers
322	Richard HOLGATE	632	M2039	00:52:53	00:52:45	144	257	Unattached
323	Colin CAVANAH	434	M2039	00:52:56	00:52:32	145	258	Unattached
324	Mary JEAL	523	F4549	00:52:58	00:52:40	6	66	Denbigh Harriers
325	John ALLMAN	409	M5559	00:52:59	00:52:45	8	259	Unattached
326	Louise THOMAS	629	F4044	00:53:01	00:52:46	10	67	Unattached
327	Russell JONES	331	M2039	00:53:09	00:52:57	146	260	Unattached
328	Ron Hill	1	M7074	00:53:23	00:53:00	1	261	Clayton-le-Moors
329	Jonathan HARDMAN	74	M2039	00:53:24	00:53:05	147	262	Unattached
330	Ruth BROWN	485	F2034	00:53:25	00:53:01	31	68	Unattached
331	Barbara SHUTTLEWORTH	422	F5054	00:53:27	00:53:09	2	69	Unattached
332	Michael Cook	227	M4044	00:53:29	00:53:12	48	263	Unattached
333	Danna Sherlock	301	F3539	00:53:29	00:53:12	11	70	Unattached
334	Steven LUDLAM	168	M4044	00:53:35	00:53:16	49	264	Unattached

335	Nicola GAGE	538	F3539	00:53:43	00:53:24	12	71	Unattached
336	Andrew GAGE	539	M6064	00:53:43	00:53:24	6	265	Unattached
337	Dennis MICHAELS	675	M5559	00:53:52	00:53:40	9	266	Northern Vets
338	Ant CULLEN	145	M2039	00:53:53	00:53:20	148	267	Unattached
339	Carlo CAROSI	213	M4044	00:53:56	00:53:29	50	268	Stockport Harriers
340	Ian RICHARDSON	739	M4044	00:54:03	00:53:40	51	269	Unattached
341	Helen RICHARDSON	467	F4044	00:54:11	00:53:49	11	72	Unattached
342	Donna STEWART	445	F2034	00:54:13	00:53:51	32	73	Unattached
343	Louise Robinson	720	F3539	00:54:15	00:54:11	13	74	Unattached
344	Tim OLIVER	566	M5054	00:54:24	00:54:08	21	270	Unattached
345	Christine PARSONS	109	F5559	00:54:25	00:54:05	5	75	Unattached
346	Paul BUTTERWORTH	158	M2039	00:54:40	00:54:16	149	271	Unattached
347	Beth DURN	729	F2034	00:54:40	00:54:19	33	76	Unattached
348	Alan BAILEY	406	M4044	00:54:41	00:54:25	52	272	Unattached
349	Emma BEATSON	460	F4044	00:54:50	00:54:37	12	77	Unattached
350	Paul TURNER	545	M2039	00:54:50	00:54:50	150	273	Unattached
351	Jock PLOMMER	172	M6064	00:54:51	00:54:26	7	274	Northern Vets
352	Kath SMITH	202	F5559	00:54:59	00:54:44	6	78	Unattached
353	Julie SAVAGE	200	F5054	00:55:00	00:54:46	3	79	Unattached
354	Kate QUIGLEY	711	F4044	00:55:02	00:54:51	13	80	Unattached
355	Anthony POINTON	740	M4044	00:55:02	00:54:50	53	275	Unattached
356	Susan BROOKS	337	F4549	00:55:03	00:54:45	7	81	Unattached
357	Julie WALMSLEY	303	F4549	00:55:04	00:54:41	8	82	Unattached
358	Janet JONES	240	F5054	00:55:07	00:54:50	4	83	Unattached
359	Jane ABBOTT	167	F4549	00:55:10	00:54:51	9	84	Unattached
360	James HANDLEY	475	M4549	00:55:10	00:54:54	28	276	Unattached
361	Mark WARD	76	M2039	00:55:13	00:54:48	151	277	Unattached
362	Trevor SAVAGE	201	M5054	00:55:40	00:55:26	22	278	Unattached
363	Trish BRYAN	550	F4549	00:55:40	00:55:17	10	85	Unattached
364	Steven McComb	435	M2039	00:55:49	00:55:34	152	279	Unattached
365	Steve HO	129	M2039	00:56:03	00:55:39	153	280	Manchester Triathlon Club
366	Elizabeth MOLE	392	F5054	00:56:05	00:55:39	5	86	Unattached
367	Peter KNIGHT	649	M4044	00:56:08	00:55:46	54	281	Unattached
368	Joy PARKINSON	488	F3539	00:56:16	00:55:55	14	87	Unattached
369	Rebecca RHIND	553	F3539	00:56:16	00:56:16	15	88	Unattached
370	Diane RADCLIFFE	442	F5559	00:56:20	00:56:04	7	89	Unattached
371	Stephanie BOOTH	449	F3539	00:56:21	00:55:57	16	90	Unattached
372	Teresa WYNESS	594	F4044	00:56:22	00:56:01	14	91	Unattached
373	Andrew CARTY	401	M2039	00:56:23	00:55:59	154	282	Unattached
374	Lynsey Hanes	92	F2034	00:56:48	00:56:27	34	92	Stockport Harrier & A.C.
375	Brendan MEANWELL	699	M4044	00:57:11	00:57:02	55	283	Unattached
376	Mark LAMERTON	370	M5559	00:57:27	00:57:04	10	284	Unattached
377	Jenny WILLIS	455	F3539	00:57:30	00:57:11	17	93	Unattached
378	Ian PICKFORD	469	M2039	00:57:33	00:57:14	155	285	Unattached
379	Paul ROPER	123	M4549	00:57:45	00:57:24	29	286	Unattached
380	Paula PERRIN	505	F2034	00:57:45	00:57:29	35	94	Unattached
381	Steve ORTON	620	M4549	00:57:50	00:57:41	30	287	Unattached
382	Lesley JOYNER	503	F4044	00:57:51	00:57:35	15	95	Stourbridge
383	Daniel JOHNS	274	M2039	00:57:52	00:57:39	156	288	Unattached
384	Susan BEAN	336	F5559	00:57:52	00:57:28	8	96	Swinton Running Club
385	Sarah SMITH	332	F3539	00:58:11	00:57:51	18	97	Holmfirth Harriers
386	Zoe MANN	609	F2034	00:58:40	00:58:30	36	98	Unattached
387	George OGDEN	429	M4549	00:58:56	00:58:26	31	289	Unattached
388	Alan WRIGLEY	277	M2039	00:58:57	00:58:31	157	290	Unattached
389	Melissa GARDNER	528	F4044	00:59:02	00:58:38	16	99	Unattached
390	Paddy Hamilton	228	F2034	00:59:07	00:58:41	37	100	Annadale Striders

391	Hannah ROBERTS	154	F2034	00:59:13	00:59:13	38	101	Unattached
392	Jill HANDS	155	F2034	00:59:13	00:58:56	39	102	Unattached
393	Kevin steven FANNON	264	M4549	00:59:25	00:58:56	32	291	Unattached
394	Ralph Kesteven	68	M2039	00:59:30	00:59:00	158	292	Unattached
395	Paula DUNKERLEY	43	F2034	01:00:04	00:59:42	40	103	Unattached
396	Stella HUGHES	335	F4044	01:00:25	01:00:07	17	104	Unattached
397	Philip MURRAY	551	M7074	01:00:29	01:00:12	2	293	Penny Lane Striders
398	Rachel COPPENHALL	149	F2034	01:00:44	01:00:27	41	105	Unattached
399	Dawn SAMPLES	153	F2034	01:00:44	01:00:27	42	106	Unattached
400	Jennie MATTHEWS	156	F2034	01:00:58	01:00:40	43	107	Unattached
401	Suzanne KESTEVEN	591	F3539	01:01:12	01:00:42	19	108	Unattached
402	Kerry PENFOLD	307	F5054	01:01:28	01:01:06	6	109	Unattached
403	Tony BENNETT	415	M4549	01:01:37	01:01:17	33	294	Unattached
404	Jean SKITT	241	F6569	01:01:47	01:01:21	1	110	Manchester Harriers
405	Jean BAYLEY	242	F5054	01:01:47	01:01:21	7	111	Manchester Harriers
406	Rachel Mumford	554	F2034	01:01:58	01:01:44	44	112	Unattached
407	Joanna CHRISTOPHER	126	F2034	01:01:59	01:01:44	45	113	Unattached
408	Dave MULQUEENEY	268	M2039	01:02:20	01:01:53	159	295	Unattached
409	Henry RAINFORD	133	M5559	01:02:40	01:02:15	11	296	Steel City Striders
410	Justine MANION	224	F4044	01:02:48	01:02:21	18	114	Unattached
411	Helen BELL	59	F3539	01:02:57	01:02:37	20	115	Unattached
412	Suzanne GLAVIN	593	F4044	01:03:20	01:03:04	19	116	Unattached
413	Marion LESTER	517	F5054	01:03:34	01:03:11	8	117	Unattached
414	Andrew YOUNG	611	M4044	01:03:39	01:03:18	56	297	Unattached
415	Martin SCHOFIELD	639	M5559	01:03:43	01:03:30	12	298	Unattached
416	Carol FELL	259	F6064	01:03:44	01:03:26	1	118	Warrington Road Runners
417	Mark BAGGULEY	580	M2039	01:03:57	01:03:29	160	299	Unattached
418	Lee HILL	267	M2039	01:04:56	01:04:30	161	300	Unattached
419	Jennie REYNOLDS	471	F2034	01:05:10	01:04:42	46	119	Unattached
420	Sheryl BARBER	673	F3539	01:05:21	01:04:55	21	120	Unattached
421	Paul GEE	707	M4044	01:06:20	01:05:53	57	301	Unattached
422	Michelle SYKES	99	F4549	01:06:46	01:06:30	11	121	Unattached
423	Deborah HENSHALL	98	F4549	01:06:47	01:06:31	12	122	Unattached
424	Kim DEMPSEY	271	F2034	01:07:40	01:07:15	47	123	Unattached
425	Tony FILLINGHAM	602	M2039	01:08:22	01:08:00	162	302	Unattached
426	Julie Abbott	397	F4549	01:08:54	01:08:27	13	124	Unattached
427	Joanne FAIRHURST	390	F2034	01:09:47	01:09:21	48	125	Unattached
428	Heather FAULKNER	247	F2034	01:09:53	01:09:35	49	126	Unattached
429	Joanne MCDONNELL	481	F3539	01:10:12	01:09:43	22	127	Unattached
430	Anne CARPENTER	482	F3539	01:10:12	01:09:43	23	128	Unattached
431	Kay-leigh BAKER	499	F2034	01:11:59	01:11:33	50	129	Unattached
432	Ginette RAW	555	F2034	01:12:09	01:11:41	51	130	Unattached
433	Tim MOORE	480	M6064	01:14:31	01:14:11	8	303	Manchester YMCA Harriers
434	Joanne SHAW	479	F4549	01:14:35	01:14:15	14	131	Swinton Running Club